



# نشرة الاتحاد العالمي للجمعيات الطبية الاسلامية

e-newsletter of Federation of Islamic Medical Associations



## Pakistan hit by the worst floods; IMA's respond promptly to face this challenge

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Dr Parvaiz Malik, President FIMA & Dr. Tanveer Zubairi, Secretary FIMA has appealed to all the IMAs, medical fraternity and the international community to show solidarity and support to victims of floods in Pakistan. President FIMA was addressing to a FIMA office bearers teleconference, he said that he was shocked to hear the magnitude of tragedy and mass scale devastation resulted due to the unprecedented floods in Pakistan and FIMA is all out with "dear people of Islamic Republic of Pakistan" hit by "severe flooding" that has caused "numerous victims and left innumerable families homeless". The loss of human lives and damage to their property, fields and infrastructure is beyond any estimation.

For over three weeks entire regions of Pakistan have been hit by monsoon rains of exceptional intensity, destroying homes and crops. It is estimated that at least one fifth of the country is under water, more than 22 million people have been affected and at least 2000 are dead and a like number is injured.

The commitment of the government and army, as well as national and

international organizations has been hampered by damage to infrastructure: roads and bridges were washed away or are blocked by landslides. According to reliable sources at least 8 million people need emergency aid, while hundreds of thousands have not received anything yet, because of communication difficulties.

People have lost everything in the disaster - crops, seeds, agricultural machinery, houses - there is the risk of hunger and epidemics.

PIMA and IMAs all over the world responded immediately to this unspeakable and terrible challenge and emergency medical relief camps were set within 24 hours of the first flash of the flood water in KPK province and IMA office bearers including PIMA President Dr Shafqat Javed, Dr Tanveer Zubairi, Dr Hafeez ur Rehman, Dr Najeeb ul Haq, Dr Aziz Zia, Dr Wali Mujahid, Dr Iqbal Khan and scores of others rushed to join rescue teams. More than 300 doctors and paramedics have so far volunteered their services. Around 40 doctors from sister IMAs and partner relief bodies also joined this task including doctors from IMANA, IMAM, Mercy Malaysia, Singapore,

AMU Egypt. Donations were received from IMANA, AMU, IMAM, Jordan, Mercy Singapore and IMASA. More than 200 camps and 20 mobile units are working. The main areas focused are Nowshera, pabbi, charsada, swat, Gilgit, Mianwali, Layyah, M'Garh, Taunsa, Daira din panah, rojhan and sindh region.

Still much more is to be done and it will take very long and a test of patience of the victims and help providers at the same time. An appeal is made to all IMAs and individuals to come forward at this critical juncture and help Pakistani people stricken by the worst disaster of the century. Please make a donation at:

PIMA Address:

12 Shalimar Centre, F-8 Markaz, Islamabad - Pakistan

Phone 0092 51 2261943, Fax 0092 51 2857132

pima@dsl.net.pk

**Bank Account:**

Title of Account: Pakistan Islamic Medical Association

Account No : 116011020000149

Swift Code : MUCBPKKA

**Address :** MCB Bank, Jinaah Super Market F-7 Markaz, Branch code 1160, Islamabad, Pakistan



## IMANA Team Advises President of Pakistan and Govt. Officials

On August 20th the IMANA Relief team returned to Islamabad after spending a week in the Charsadda and Nowshera districts providing desperately needed medical and humanitarian aid. Mr. Asif Zardari the President of Pakistan invited the team for a debriefing meeting that very afternoon. The meeting was attended by many high ranking military and governmental officials. Though the attached article does not go into specifics, the meeting was not a simple meet and greet photo-op session by any means. The key message, that was conveyed to the President was coordination and collaboration between the central government, provincial governments, and military.

The IMANA team recommended that the President declare a national disaster and consider implementing a central emergency command structure under the military. This central command would then direct all relief efforts (governmental and civilian-NGO) and would establish similar command posts within each individual province. The President noted the recommendations and was extremely grateful to the individual volunteers of



POB team delivering donations of eye drops to a Medical Camp in Charsadha

experience to Pakistan putting IMANA in a key role to assist in disaster management. The sole goal for the team was not to meet President Zardari but rather advise and debrief the Head



IMANA and praised the Organization for its' dedicated work.

IMANA holds no political biases or and felt that its' relief team was very well versed in disaster management and brought along a wealth of



ISLAMABAD: Dr Shahrizal Awan, Director MRA, addressing a press conference at the National Press Club on Wednesday.—Staff photo

of State. The meeting lasted approximately one hour. The relief committee looks forward to the implementation of several key points that were noted by President Zardari and his staff and are extremely thankful to him for inviting the team and giving them an opportunity to truly make a difference.

Please stay tuned for further updates and photos from IMANA Relief

Dr. Ismail A. Mehr  
 IMANA Relief Committee Chair  
 IMANA General Secretary



Picture Gallery of relief teams from Arab Medical Union (AMU) & PIMA



Dr. Khalid Hanafy handing over food items to villagers



Dr. Zafarani & his team distributing the food items.



Team of AMU doctors after crossing the Indus River



The AMU doctors having their Aftar Dinner in camp of displaced flood victims



Patients waiting outside for their turn at a PIMA clinic in Peshawar



PIMA Medical team with Doctors from Malaysia



The first camp started by PIMA relief within 24 hours by Dr. Abdul Aziz Zia, Chief of PIMA relief



Pharmacy busy in dispensing medicines at a camp in Layyah

## Afghanistan Islamic Medical Association (AIMA) Second Annual Convention

The second annual convention of AIMA was held in Kabul on 10th -11th June 2010. The convention started on Thursday 10th of June and ended on Friday 11th June on 3:00 PM.

Convention had two parts; one part was for members of AIMA while the second part was a scientific conference where a large number of Doctors, health workers, Directors from the ministry of Public health , Delegates from WHO, UNICEF & other UN agencies , Directors of health NGOs other organizations attended this prestigious event.

The Theme of the convention was 'Role of IMAN (faith) in provision of Quality health Services'.

On the first day of the convention members and associated members of AIMA from different zones of Afghanistan take part in the workshop to review, finalize and endorse the constitution and Strategic plan for Afghanistan Islamic Medical Association. AIMA has developed its strategic plan for year 2010-2015.

On Friday June 11th, the scientific conference was held in the Stara-e-sharq Hall. Invited Speaker were Dr. Faizullah Kakar PhD (ex-deputy minister of Public health Afghanistan and ex-chancellor of Afghanistan Islamic University) , Ustad Nasir Ahmad Nawidy ( Chairman of central council of Jamiat eslah ) , Dr. Abud wali MD ( president AIMA ) , Dr. Fazal Hadi Wazin PhD ( lecturer and professor of Islam Abad international Islamic university ) , Shaikhul Quran Maulana AbduSuboor ( Director of Al-Falah Islamic Institute) and Dr. Sayed Khald Rashid MD MPH ( foreign Relation coordinator AIMA ) , Dr. Amir Mohammad Jalaly (Faculty member of Post Graduation Training Institute) .



The event had full media coverage on national level for the purpose to disseminate the concept of 'Faith based trainings for health workers' all over the country.

The conference was opened by Recitation of Holy verses from Quran Karim. In his inaugural speech Dr. Abdul Wali AIMA president welcomed all participants and expressed them his cordial appreciation on behalf of AIMA for taking part in the conference. He added that being a member of AIMA we are fulfilling our duty (IMANI WAJIBA)



therefore he called on all doctors and health workers to join AIMA and express their commitment toward realization of AIMA's vision.

The second speaker was Naseer Ahmad Nawidy, Chairman of Central Summit of ASSRD (Afghan Society for Social Reform and Development).

Following the speech of Ustad Nawidy , HALL was invited to most important lesson ( Dars-e-Quran) on Quran; Cure for Heart Diseases (Shifa-u-lema Fissudoor). He mentioned that presently the biggest problem of human society is dissonance and disharmony. Quran is the best cure for all kind of spiritual problems and hearth diseases it because it orders all the humans to live united, for instance the muslims who were ruling the Islamic kingdoms in Egypt, Spain and India used to live in harmony with non-muslims.

After this, a documentary video was displayed which reflected the activities of AIMA during last year.



Iman and its role in treatment of physical and psychological diseases:

Chief Speaker Dr. Faizullah Kakar, presented his study on the above mentioned topic. In his findings he said that both positive and negative thoughts have their own individual effects on our physical health.

**Role of Doctors in Islamic Awakening**

Doctor Fazal Hadi Wazeen, lecturer of Islamic University Islamabad, talked about role of doctors in Islamic awakening, which faced with hot appreciation of participants and cheered with the calls of (Allah o Akbar wa Lillah el Hamd) Allah is the Great and Praise to Allah.

**Role of Faith in quality of Health Services:**

Dr. Sayed Khalid Rashid, AIMA's foreign affairs **contd:(AIMA convention)** coordinator had a presentation on this topic. He talked about quality of medical services and how Iman could improve and ensure the quality standards. He elaborated the stand of Islam about quality of health services as prophet Mohammad (PBUH) says; if someone treats without knowledge, he is responsible for what happens. Also Islam says to help each other in performing good deeds.

At the end of his presentation Dr. Sayed Khalid



made his recommendation to Ministry of Public health and other policy developing agencies to address the issue of Faith Based training for health workers and Doctors in all policy development process. His recommendations were supported by all participants

### Urgent Announcement From the organizers of FIMA convention

#### 1. Free Visa

For those who need a free visa, kindly send Colored and Clear passport copies Before August 28, 2010 (no handwritings on the copies)

This takes 15 working days to be issued, and it is Free of Charge

#### 2. Paid Visa

3. For those who need a fast visa, kindly send Clear, Colored passport copies.

This takes 3 working days to be issued, but costs \$100 (via Western Union).

For all visas (paid or free), a hotel reservation confirmation is needed, so please hurry up and transfer the \$100 via Western Union to the name of Dr. Fouad Youness Rifai, before 28/8/2010 and send MTCN number.- Please clarify your check in date and check out date and the kind of room (single, double, double with an extra bed).

IMALB Organizing Committee.



## Final Announcement: Groups or individuals who have not booked through IMA Lebanon

Kindly note the following :

After getting back to our organizers, we would like to inform you that:

The Rotana Hotel Hazmieh has offered IMALB a package price , (announced previously) consisting of:

- 1- Rooms
- 2- Halls for 3 days
- 3- Daily Breakfast
- 4- Daily Lunch 4 days
- 5- 2 Coffee Breaks / per day - 4 days
- 6- Gala Dinner
- 7- Transportation from Hotel (place of council meeting) to LOP, Lebanese Order of Physicians Beit El-Tabib, (place of the scientific convention) and backwards.
- 8- IMALB will bear the accommodation expenses for 3 nights, breakfast, 4 lunches, 1 Gala Dinner, transportation from Only Rotana Hazmieh Hotel to LOP , for only 2 members of IIMA. Other transportation is on request.

9- The Social Program is Optional So, for those who books with Rotana Hotel Hazmieh will get all the above mentioned offers. Those who booked in another hotel , will not take benefit from the above mentioned benefits and should pay :

- a. Lunch and Coffee Breaks in LOP = \$34/ person/day
- b. Lunch and Coffee Breaks in Rotana Hazmieh Hotel = \$34/ person/day
- c. Gala Dinner + transportation to gala dinner = \$34/ person
- d. Transportation from another hotel to LOP Lebanese Order of Physicians Beit EL Tabib bldg will be on request.

N.B. IMALB is not responsible for any accident or any problems which might occur to anyone at any other hotel.

Prices:

-Price for one person in a single Deluxe bedroom for one night = \$ 110

-Price for one person in a double Deluxe bedroom for one night = \$69- Price of one extra bed in a double Deluxe bedroom for one night = \$35

-An extra bed in a double bedroom does NOT mean you can send a reservation for an extra bed only. This means every person (of 3) in a double bedroom with an extra bed should pay \$57.5 / night

- The prices include 10 % TVA

Rotana Hazmieh Hotel is a 4 stars hotel

These prices are valid until August 31, 2010.

Best Regards,

IMALB Organizing Committee



The final program of 27th FIMA Council meeting and IMA Lebanon scientific conference will be as follows.

Sunday: September 19 Pre council EXCO Meeting.  
Mon: Tues September 20-21 FIMA Council Meeting.  
Wed: Thurs September 22-23 Scientific Conference.  
Fri- Sat: September 24-25 Social Program

There will be a daily social program for spouses and families.

Venue: UNESCO Palace Beirut

**Theme:** The Health issues of people with special need.



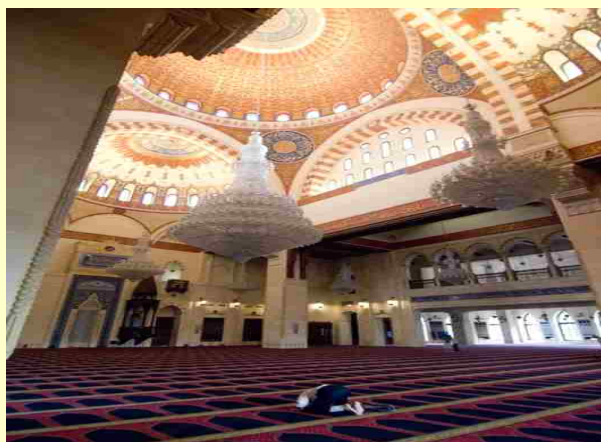
**SOCIAL PROGRAM/TOUR for 24th  
September, 2010 for the  
participants of FIMA Council  
Meeting and IMA Lebanon  
Convention**



**Raouche Rocks**

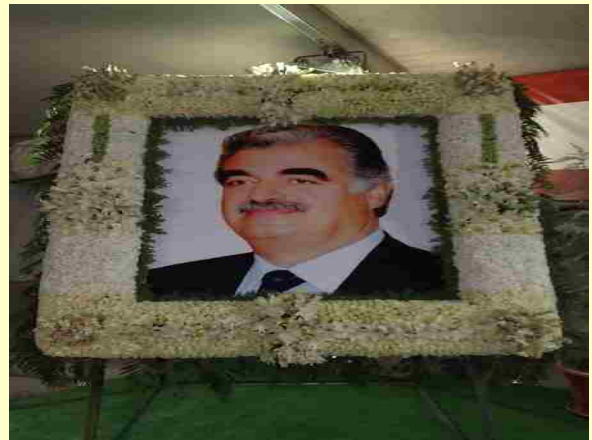
Raouché is a residential and commercial neighborhood in Beirut. It is known for its upscale apartment buildings, numerous restaurants, cliff-side cafés and its wide seaside sidewalk, the Corniche, where strollers and joggers crowd the pavements in the evenings and weekends.

Off the coast of Raouché, there is a natural landmark called the Pigeons' Rock (also known as the Rock of Raouché). Located at Beirut's western-most tip, the two huge rock formations, which stand like gigantic sentinels, are a popular destination for locals and visitors alike.



**Mohammad Al Amine Mosque**

The Mohammad Al Amine Mosque a Sunni Mosque located in Martyr's square in Down town, Beirut, Lebanon. It was built between 2002 & 2007 by the former Lebanese Prime Minister Rafik Hariri, who was buried beside it. It was inaugurated by his son Saad Hariri.



**Buried of Prime Minister Rafic Hariri**

Rafik Hariri, a self-made businessman was the Prime Minister of Lebanon from 1992 to 1998 and again from 2000 until his resignation on 20 October 2004. He headed five cabinets during his tenure. Hariri played a leading role in the reconstruction of Beirut. He opened many local and regional businesses. In addition, he founded The Islamic Foundation for Culture and Higher Education in 1979 in Sidon which later became known as the Hariri Foundation. Hariri worked towards rebuilding Lebanon, the unity of the different religious and ethnic groups. On 14 February 2005 Rafik Hariri was killed, along with 21 others, when explosives equivalent of around 1,800 kg of TNT were detonated as his motorcade drove near the St. George Hotel in Beirut. Among the dead were several of Hariri's long time companions and his friend and former Minister of the Economy Bassel Fleihan. Rafik Hariri was buried along with his companions near Mohammad Al Amine Mosque in downtown Beirut.



## Jeita

One of the world's most beautiful cavern , it can be found about 20 km away north of Beirut .The lower caverns are visited by boat over a subterranean lake 623 meters long. A dry upper gallery can be seen on foot. After many years of exploration, Lebanese speleologists have penetrated 6,910 meters from the entry point of the grotto to the far end of the Underground River and 2,130 meters of the upper galleries.The main source of the Dog River (Nahr el Kalb) rises in th



## Byblos

One of the oldest towns in the world goes back at least 7,000 years. The rise and fall of nearly two dozen successive levels of human culture on this site makes it one of the richest archeological areas in the country.

Under the domination of the Egyptian pharaohs in the 3rd and 32nd millennia B.C, Byblos was a commercial and religious capital of the Phoenician coast. It was in Byblos where the first linear alphabet, ancestor of all modern alphabet, (through Greek and Latin), was invented. The sarcophagus of Byblos' king Ahiiram, now in the national museum, bears the oldest known Phoenician inscription. Byblos was also the centre of the Adonis cult, the god of vegetation who dies in winter and renewed each spring. Like its sister cities, Byblos was destroyed in the earthquake of 551 A.D it regained some consequence in crusader times when it came under the county of Tripoli. A modest town under the Mamluks and ottomans, Byblos grew rapidly during the recent war in Lebanon when commercial activities moved from Beirut to regional capitals. This busy modern town located at 36

kilometers north of Beirut, has the “Roman Medieval port” as its main tourist hub. The landmarks in this area are: the crusader castle and church as well as the extensive remains of city's past- from Neolithic times to the crusader era. A beautiful Mosque adds to the cultural mix in the old part of Byblos. Cafes and restaurants, plus an interesting wax museum can also be visited.



## Harissa

It is located 600 meters from the coast and 26 km away from Beirut, with a wonderful panoramic view covering the Bay of Jounieh. Statue of the Virgin Mary was erected in 1908. Inside its base, a chapel with outside spiral staircase which leads to the top, as well telepheric service is provided from the bay of Jounieh to the mountain of Harissa.

Price per person : \$70.00

The above rates include:

full days tours including pick-up and drop-off from/to the hotels, transportation in deluxe vehicles, entrance & guidance fees, English speaking), and lunch.





## TOUR PROGRAMME for 25 September, 2010

### Cedars:

The most venerable representatives of the Cedars of Lebanon, which once covered the country's mountains, are in the Besharre region in the North of Lebanon, Hundreds of trees stand on slopes 2,000 meters high in the shadow of the 3,088 meter peak of Qornet es-Sawda. From Lebanon's cedar forests, Solomon got the timber to build his temple and palace, while the Egyptians Pharaohs used the wood carve their sarcophagi and 'sunships'



Anjar: Anjar is located in the Bekaa valley, 58 km away from Beirut. It was built by the Omayyad caliph al- Walid Ibn Abdel Malek in the early 8th century A.D. Inside the city's strong fortifications are the remains of streets, three palaces, souks, two hammams and a Mosque located on the old route linking the Bekaa with Damascus.

Anjar was built in the neighborhood of an ancient stronghold called Gerrah, which location is still problematic. Today the name of Gerrah is retained in the word 'Anjar' which means 'source of Gerrah' (Ain Gerrah)

Price per person : \$60.00

The above rates include:

Full days tours including pick-up and drop-off from/to the hotels, transportation in deluxe vehicles, and lunch.



### Baalbeck: Heliopolis:

the roman temples of Baal beck, located in the Bekaa valley 85 kilometers away from Beirut. It makes up the largest and best preserved corpus of roman architecture left around. The acropolis occupies the top of an artificial hill built up of different layers of habitation. Its temples, dedicated to Jupiter, Bacchus and Venus, were constructed between the first and the third centuries A.D. In the "Jupiter temple" six of the 54 giant columns that originally surrounded the sanctuary survived till today. The temple has an impressive podium and a vast rectangular courtyard where sacrifices were carried out. The sanctuary is reached through a propylaea (monumental entrance) and hexagonal forecourt. The town of Baalbeck has major remains from Islamic times including the grand Mosque, built by the Ommayyads with material borrowed from ancient monuments, and another mosque built in Mamluke times near the spring of Ras el Ain



Convention has been uploaded on the FIMA web site and may be viewed at [www.fimaweb.net](http://www.fimaweb.net)

FIMA Newsletter Oct-2010 issue:-In next issue articles on 27th FIMA Council Meeting, IMA Lebanon Convention and FIMA Relief activities.